NEWSLETTER

May 2022

President's Message

It's Derby Week in Kentucky and it's Mother's Day on Sunday!! We are all connected to a mom in some way – we have/had a mom, are a mom, etc. Moms make the world go round and make sure everyone's needs are met, but sometimes neglect their own needs. Whether you are a mom or not, you need to take time for yourself each day. You need energy to make you the amazing person you are. You need good mental health, physical health, spiritual health and emotional health. To achieve these things, you need to practice self-care. Try some of these:

- Go on a walk and listen to your favorite music
- Spend 10 minutes a day in devotion and prayer
- Practice gratitude daily
- Get a workout in
- Eat whole foods and drink water
- Watch your favorite show or listen to your favorite podcast
- Go to lunch with a friend
- Ask for help

Being a mom, or dad, or human for that matter also requires resilience. Resilience has been a buzz word used many times over the past few years. Resilience is the capacity to recover quickly from difficulties and also means toughness. Here are some proven steps we can all take toward optimizing resilience in order to build healthier, more purposeful, and increasingly joyful lives. The six pillars of resilience are: physical vitality, emotional equilibrium, mental toughness and clarity, spiritual purpose, healthy personal relationships, and being an inspiring leader and part of a wider community or team. Each of these foundations is crucial to thriving, and gives us a base for attacking stress, hardship, and failure head-on. This then develops the strength we need for transformative change within our personal and professional lives.

To build resilience, you need to build your connections:

- Prioritize relationships
- Join a group (AGA!)
- Practice mindfulness
- Avoid negative outlets
- Help others
- Be proactive
- Move toward your goals

AGA is the association that connects and empowers accountability professionals to advance good government, grow their expertise and accelerate their careers. Thank you for your membership and participation – if you haven't renewed, please do so now! Have a great May!

Be the good,

Alice



INSIDE THIS ISSUE:

President's Message	<u>1</u>
Member Spotlight	<u>2</u>
Upcoming Meetings	<u>3</u>
Upcoming Presenters	<u>4</u>
AGA Topics	<u>5</u>
Secretary's Report	<u>6</u>
Treasurer's Report	<u>7</u>
CEC Members	<u>8</u>



https://www.agacgfm.org

http://www.facebook.com/

STAY CONNECTED!



Find us on **f**



Kentucky Transportation Cabinet, Federal Fund Accountant

How did you choose government financial management as your career? Governmental financial management it has been an integral part of my career. I started as a Financial Institutions Examiner, CPA auditing financial institutions, Controller of a financial institution, Auditor of Public Accounts, KPMG, Bank of America, to the Transportation Cabinet. It has been in every position I have encountered.

What advice would you give a recent graduate joining the field? I would encourage them to attend career days at their school. Also, have the graduates talk to several different people in various Cabinets & firms that deal with the Commonwealth of Kentucky to get an idea of what the options are; not just to start their career out of school, but to see where they might want to go and to have a plan.

What accomplishments are you most proud of in your career? I had suffered a Brain Aneurysm in 2006 and though 'baby steps' I learned that you regain your brain and your career. Transportation has allowed me the opportunity to do that. I take care of the Grant Anticipation Revenue Vehicle (GARVEE) bonds, deal with Budget and Fiscal Management and Program Management to monitor federal programs, monitors Federal Highway Administration Inactive Programs. I am CPA and now I'm studying for the CGFM.

Do you have a mentor and how has this person helped you? I have had many mentors in my career. The favorite ones were the ones who took the 'Red pen' to my work. They were very constructive with my work. I learned a lot of how to write, organize my work, schedule work based on time it takes someone else to review, etc. In fact, I get upset when no one corrects my work. You can't stop learning.

How did you get involved in AGA? When I was the Assistant Auditor of Public Account's I was asked to sit on many boards. One of them was the Central Kentucky AGA, where I learned about AGA and the many various benefits it offers to members. I think that Education is one of the greatest benefits, along with networking, and learning management skills. That was in the late 1990's and it is still one of the best organizations for our profession.

Describe your dream vacation. I've already had mine. I went with 11 other women to London for a few days to do

the tourist thing. We then went to Ireland to ride horses across the country and stayed at Bed & Breakfasts for 2 weeks. You see the real side of Ireland that way. One rainy day, we went deep sea fishing where we cast lines with 5 barbs at a time. The Captain and the Bed & Breakfast owner had enough fish for a week.

What is one goal that you plan to accomplish during your adult lifetime? I am one of a 10% survivor of a brain aneurysm & stroke. So God has a plan for keeping my here. I

a 10% survivor of a brain aneurysm & stroke. So God has a plan for keeping my here. I need to learn what it is that he wants me to do. I have recently been asked to talk to people that have gone through medical crisis' and what I've done to survive and to live self-sufficiently. Through 'baby steps' teach them to attack each challenge in life and be thankful for what you have achieved. Then look for what you want to achieve.

★ Share one thing that you love to do that you get to do nearly every day. Play with my Corgi's!





>> UPCOMING EVENTS

UPCOMING MEETING

May 11, 2022

Free for Members, \$5 for non-members

(Pay through GoToWebinar)

Upcoming AGA Programs

Date	Speaker	Торіс	CPE Hours
May 11, 2022	Joseph Donohue, KY Sate Board of Accountancy	CPE Requirement Updates	1
June 8, 2022	Tom Skoog, Blue & Co	Data Analytics	1

Note: If there's a topic or speaker you'd like, please reach out to the 2021-2022 Education Co-Chairs.

Their contact information can be found on the last page of the newsletter.

Annual Membership Renewals are past due! If you have not renewed your membership please do so now. The renewal period has been extended until May 3 1st! Don't let your membership lapse and loose all of your excellent AGA benefits!





May Presenter

Joseph P. Donohue

Executive Director, Kentucky State Board of Accountancy

Joe was born, raised, and educated in Pennsylvania, obtaining a B.S. from the University of Scranton (magna cum laude) and a J.D. from the University of Pittsburgh School of Law (cum laude). Following a two-year judicial clerkship with the U.S. District Court for the Middle District of Pennsylvania, Joe practiced corporate litigation for several years in the Pittsburgh office of a large international law firm. After relocating to Louisville, with his wife, a Louisville native, he continued to practice commercial litigation in the Louisville office of a large regional law firm.

Following many years in the private practice of law, Joe transitioned to the public sector in 2017 and began to serve as the General Counsel of the Kentucky Department of Financial Institutions. In that role within the Public Protection Cabinet, he also served as Counsel to the Kentucky State Board of Accountancy. In that capacity, Joe became quite familiar with the mission and functioning of the Board, and succeeded the retiring Executive Director of the Board in June of 2020. He lives in St. Matthews with his wife and three sons.



June Presenter



Tom Skoog Blue & Co

Cyber Security and Data Management

Tom Skoog is the practice leader for Blue & Co's Cyber Security and Data Management practice. Tom has over 33 years of experience working with clients to help manage the security, availability, and analysis of their data. He has led Blue's internal project to incorporate data analytics into a number of their existing practices including financial statement audit and their various healthcare consulting service lines which deal with extremely large data sets (millions of records). Tom has also led various data analytics projects related to operational reporting and data conversions. While at his previous employer, Tom was the account lead for the state of Ohio, identifying the firms service capabilities that matched with the various needs of the state agencies, including utilizing data analytics to enhance the efficiency of existing processes.



topics





ANNUAL ETHICS AND FRAUD TRAINING

8 CPEs (including 4 for Ethics) Wednesday, May 18, 2022 Registration 7:30 a.m. - 8:00 a.m. Presentations 8:00 a.m. - 4:30 p.m. **Maritime Conference Center**

692 Maritime Blvd. Linthicum Heights, MD 21090-1952

FEATURED SPEAKERS AND TOPICS

David L. Cotton, Cotton & Company (Bribery and Corruption: It Can Happen in Your Organization) & (Benford's Law – A Valuable Audit Tool)

Hannibal "Mike" Ware, IG, Small Business Administration (Pandemic Fraud & SBA OIG Oversight)

Karl Ahlrichs, Business Learning Institute, AICPA (Solving Ethical Dilemmas - A Real World Guide to Thinking Critically)

<u>PRICING</u>
Price includes continental breakfast, lunch buffet, and two snack breaks for in-person attendees. A virtual option is available to registrants at the same price

AGA Members*: \$140
* IIA – CFE – ISACA – ASMC Members receiv

\$1401 if paid by April 18, 2022

\$170 after April 18th

\$200 after April 18th

Non-Members:

\$1701 if paid by April 18, 2022 REGISTRATION

Cash, checks and credit cards are accepted at the door but need to register at this link. In-person attendees will be required to follow the facility COVID-19 protocol (e.g. mask requirements, social distancing, etc.), if any are in place at this date. Reach out to Scott Cogburn at rcogburn@kpmg.com with any quest

DON'T MISS OUT ON THE EARLY BIRD SPECIAL!

1COUPON CODE: EARLYBIRD (expires after April 18th)

AGA Atlanta Chapter PDT

May 19, 2022-May 20, 2022

9:00 EDT-12:00 EDT \$30-\$50

6 CPF's

AGA Atlanta's PDT is back for the first time since 2019. Join us virtually for one day or two, and hear from industry experts on an array of topics. Presentations are held using Zoom.

Register HERE!



PDT 2022 Agenda Now Available!

July 17–20 | Anaheim or Virtual | 24 CPEs

AGA is excited to announce the release of the agenda for PDT 2022! With more than 100 sessions covering a diverse range of topics, you'll hear the latest developments and insights from financial professionals across federal, state and local governments.

Create and revitalize face-to-face connections that benefit you and your organization. Join us in Anaheim for an experience you can't get on a computer screen!

Check out agacgfm.org, under the Training & Events tab, for all upcoming trainings.

AGA CENTRAL KENTUCKY CHAPTER

April Secretary's Report

AGA Central Kentucky Chapter

Chapter Executive Committee

Meeting Minutes for meeting held: April 6, 2022

Members present on GoToMeeting: Alice Wilson, Natalie Young, Kristen Hundley, Amy Small, Phil Nally, Ann Case, Vonda Donoho, Michelle Sutton, Jared Crawford, Kristen Coffey, Liz Smith, Joe McDaniel, Madeline Perry, and Catherine Hunt.

- Call to Order
- 2. Regular Reports:
 - a. March Meeting minutes Motion to approve Natalie, seconded by Amy. Motion passed.
 - March Treasurer's report Motion to approve Phil, seconded by Natalie. Motion passed.
- Membership information 1 new member, total membership 183.
 - 52 members not yet renewed; however, the website has stated that there is a delay in the updating of the renewals.
 Will reevaluate need to reach out to members that have not renewed on April 18.

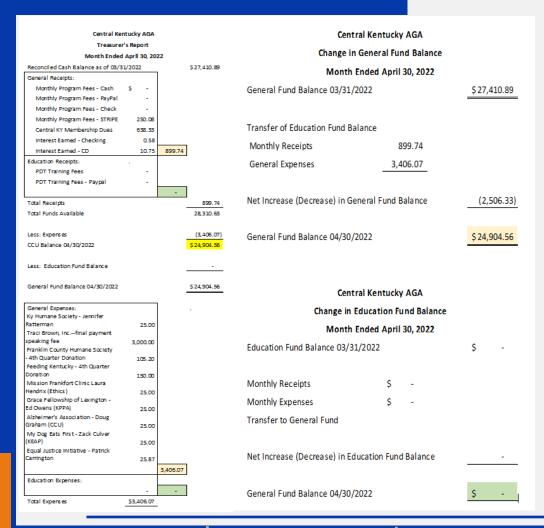
4. Old Business

- a. Programs update
 - i. April 12-13 Spring PDT Virtual
 - ii. May 11 Joseph Donahue, KY State Board of Accountancy CPE requirement updates
 - iii. June 8 Possible prerecorded Presentation by the Governor.
- b. Please provide at least one suggestion of a speaker/topic to the Education Committee by (Kristen, Evie, Michelle)
- Reminder: Submit newsletter items by 15th of the month Member spotlight May and June needed.
- d. Central KY AGA website updates Scholarship application deadline extended to April 15, have added reminders on social media
- e. Speaker Community Service donation:
 - 4th Quarter donation has been approved in the amount \$100 to Franklin Humane Society and \$150 to Feeding KY. Liz will make today
 - ii. Jennifer Ratterman KY Humane Society
- f. Budget No updates
- g. Scholarships for Fall 2022 extended deadline to April 15
- CEC for FY23 the following positions are needed
 - i. Education Chair
 - ii. Young Professional
 - iii. Historian
 - iv. Possible APA Communication Liaison
- i. Other
- 5. New Business
 - a. Lead 2022 April 21-23 in Baltimore
 - CGFM Study Guides \$450 for three CEC approved purchase of the three guides for \$450 when they become
 available.
- Next meeting May 4, 2022 (11:30-12:30) via Teams
- Adjourn Motion to approve Jared, seconded by Natalie. Motion passed.

April Treasurer's Report







CCU-Checking 4,710.12
CCU-Savings 5.00
CCU-CD 20,189.44
24,904.56

Share your AGA story on Facebook

f

Check out the latest AGA news



To get involved and volunteer



Submit future
Newsletter material



AGA

Central Kentucky
Chapter

Visit our website at

Central Kentucky AGA

2021-2022 Chapter Executive Committee Members

President: Alice Wilson

President-elect: Natalie Young

Immediate Past President: Jared Crawford

Treasurer: Elizabeth Smith

Secretary: Ann Case

Education Co-Chair: Eveanna Barry

Education Co-Chair: Kristen Coffey

Education Co-Chair: Michelle Sutton

Membership/Attendance: Catherine Hunt, CGFM

Historian: Rachel Prestenbach

Newsletter Editor: Terra Coffey

Co-Webmaster: Amy Small, CGFM

Co-Webmaster: Joe McDaniel

Accountability (CCR): Kristen Hundley

Professional Certification: Jared Crawford

Young Professionals: Rachel Prestenbach

Young Professionals: Brittany Wise

Community Service Co-Chair: Madeline Perry

Community Service Co-Chair: Phil Nally, CGFM

Chapter Travel Coordinator: Terra Coffey

National Council of Chapters

Representative: Krista Jackson

Are you looking to build your professional networking skills? Do you have a passion for AGA and want to share it with others? If so, contact a current Committee Member!