

# AGA AGA St. Louis

The Louie-Jan. 2020

# AGA St.Louis PDT 2020!

DATE: March 3, 2020 WHERE: Hilton Regency Conference Center. 400 gency Park Drive, O'Fallon, IL 62269 TIME: 7:30am-4:00pm

This year's PDT will be a collaboration with Scott Air Force base association – American Society of Military Comptrollers (ASMC) another non-for profit that has similar training and goals as AGA has. This training will offer 6 CPE hours and will include keynote speakers, a motivational speaker and classroom breakout sessions. There will be fliers our soon with more information.

### Special Thank You!

Jennifer Whitaker with CGI Federal

Jennifer presented on "Upcoming Legislative Changes". We really enjoyed getting an understanding about the new wave of information that is coming our way.

### **Future Events**

**AGA Luncheon** -February 12th, 2020 By FI Consulting, topic - "Getting Started with Robotic Process Automation (RPA)"

> If you have any questions please contact Toni.Swedlund@usda.gov

## President's Message

Happy New Year! 2020 brings forth a time to be more innovative as technology change we tend to change inevitably. I want to thank everyone that has supported, those who continue to support our efforts. We cannot do this without you. This year we decided to collaborate and host out PDT with the Scott Air Force base association American Society of Military Comptrollers (ASMC), per rescheduling the date was changed to March 3rd, Tuesday. The ideal of the collaboration is to offer more of a variety of speakers and topics as well as networking opportunities. More information about the PDT will be shared soon. We are hoping that you are able to join us on this day.

Toni Swedlund, Chapter President



# 2019-2020 AGA St. Louis Chapter Leadership

| President                                 | Toni Swedlund     |
|---|-------------------|
| President – Elect                         | William Kraemer   |
| Immediate Past President                  | Tony Malle        |
| Secretary                                 | Antoinette Taylor |
| Treasurer                                 | Carolann Marker   |
| Bylaws, Communication, and Media Director | Jared Brauer      |
| CGFM Director                             | Demetric Williams |
| Newsletter Editor                         | Tony Malle        |
| Community Service                         | Cynthia Cooper    |
| Membership                                | Jose Ramirez      |
| Program/Education Director                | Michelle Harris   |
| Website                                   | Jennifer Whitaker |
|   |                   |

# CGFM Study Tip of the Month

There is new CGFM material now available for future tests. The testing period has also changed. Check out AGAs website for more details

### PAST EVENTS RECAP!

Toys for Tots and a Coat Drive that went very well thanks to all who participated in these events and making it a success. We filled up a U-Haul truck of toys meaning Toys for tots stated we had more donations than they expected. Coat collection there were a total of 46 coats collected on the Goodfellow campus working with One Warm Coat we were able to donate the coats to Youth In Need.

### Are you leading, coasting or drafting?



I came across **this article** over the summer, and I've sat on it for a while. When we start the program year, a ton of information comes at all of us on how to best prepare for the year. Now, at the midpoint of this program year (really?! already?!), I think it's the best time for each AGA volunteer to ask themselves: Am I leading, coasting or drafting – and is that the right move for me right now?

I found the most important sentence in this article to be the last one: "Finding the right combination of leading and drafting are the keys to success, sometimes drafting to learn from others and sometimes stepping out of the draft and leading." It's a reminder that sometimes we lead, and sometimes we learn from others who are leading.

But, especially at this season of various holidays, don't forget that sometimes we need to **strategically** coast. It shouldn't be for too long, and it shouldn't be without a plan set for some things to happen on autopilot. We need to remember to give our muscles a little break, restore ourselves and mitigate the potential for burnout, so we also need to be mindful of where to coast in order to divert our energy to where it is most needed – our own well-being as an individual.

ask Louise

### St. Louis Sista Strut

St. Louis Chapter members participated in a Breast Cancer 3K Walk in their city, and recruited a new member in the process! What a wonderful way to engage your current and potential members. Great job!

read the article

#### Will You Join Us?

Tomorrow (Dec. 12) from 2–3 p.m. ET, join AGA's marketing and communications gurus for tips on communicating with your members.

Bonus info: learn about updates to the chapter communications award for PDT 2020!

register now!