

CITIZEN CENTRIC REPORT

FY2023

OCTOBER 2022 - SEPTEMBER 2023



WHAT'S INSIDE:

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LEADERSHIP





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Director

James P. Cooper-Nurse, PhD
Deputy Director

MISSION

Our mission is to lead and foster culturally respectful and inclusive quality behavioral health services that strengthen the wellbeing of our community.

VISION

Our vision is to have a safe, supportive and holistically healthy community.

LOCATIONS

Main Facility

790 Gov. Carlos G. Camacho Road Tamuning, Guam 96913

Children and Adolescent Services Division Ste. 109F J&G Commercial Center Hagatna GU 96910

<u>"New Beginnings" Drug and Alcohol</u> <u>Division</u>

Ste. 105F J&G Commercial Center Hagatna GU 96910

<u>Healing Hearts Crisis Center</u> Tamuning, GU 96913

Residential Homes

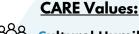
Guma Asusena - Asan Guam Guma Serenidad -Agat, Guam Guma Pahong - Dededo, Guam

WHAT WE DO:

Public Law 17-21, Guam Behavioral Health and Wellness Center (GBHWC) was created to:

- Provide comprehensive mental health, alcohol and drug programs and services for the people of Guam;
- To continually strive to improve, enhance and promote the physical and mental wellbeing of the people of Guam who experience the life-disrupting effects of mental illness, alcoholism and drug abuse or are at risk to suffer those effects and who need such assistance.
- To encourage the development of privately-funded community-based programs for mental health, drug and alcohol abuse, in particular those programs that employ qualified local residents.





Cultural Humility

Achievement

Respect

Engagement



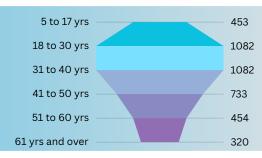
STRATEGIC GOALS

- 1. Continuously provide and expand comprehensive community-based services
- 2. Expand community partnerships to effectively meet the needs of the island community and to increase the public's awareness of behavioral health and substance use challenges, and cognitive disabilities.
- 3. Effectively re-integrate clients into the community. Provide safe, effective and evidence based behavioral health services that will improve the quality of care



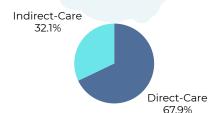
4,124 CLIENTS SERVED

Breakdown by age can be found to the right.



WHO WE ARE

296 EMPLOYEES



Direct-care staff work directly with clients, providing hands-on support and implementing treatment plans and behavioral interventions. Indirect-care staff, on the other hand, focus on administrative, supervisory, and logistical tasks to support the overall operations and ensure the effective delivery of services.

OUR PROGRAMS

CRISIS SERVICES

GBHWC offers multiple interventions offering services 24/7 for individuals experiencing our crisis: Lifeline Center; Mobile Crisis Response Team (MCRT) that responds to crises in the community; our crisis stabilization programs such as the Adult and Children crisisstabilization units, and the 3.7 detox unit; and the Healing Hearts Crisis Center that helps rape and sexual assault victims.



12.408 calls 119 activations to our Lifeline Center by MCRT FY22 - 8,437 calls FY22 - 119 activations



104 survivors assisted through HHCC FY22 - 77 clients



programs. FY22-795 admissions

OUTPATIENT SERVICES

Program	FY22	FY23	%
Adult Outpatient Services	1452	1303	35.6%
Drug and Alcohol Services	1416	1527	41.8%
Child and Adolescent Services	425	375	10.3%
Criminal Justice Program	153	290	7.9%
Other	140	160	4.4%

Outpatient services include Wraparound, case management, and counseling or therapy services for individuals and families between the ages of 4 years old to older adulthood. GBHWC's Criminal Justice Program offers outpatient services and substance use recovery (RSAT) programs for incarcerated individuals. Lastly included in the "Other" Category are clients served by our Federally Funded programs such as Project LINC and Project Tulaika.

PREVENTION, EDUCATION, AND COMMUNITY EMPOWERMENT PROGRAM

516 INDIVIDUALS CERTIFIED

These individuals have been trained in an evidence-based training provided by GBHWC such as LivingWorks' safeTALK or ASIST; Mental Health First Aid; and Raw Coping Power (Stress Management Training).





17.857 CONNECTIONS

These connections are people who attended a presentation or an outreach by GBHWC, including outreach completed during Typhoon Mawar recovery at collaborative efforts with FEMA, DPHSS and Governor's Office.

TYPHOON MAWAR RESPONSE



Wellness check-ins with 11,494 individuals to offer mental health support through the Mangaige Ham 'We are Here' Program

100 mental health assessments

individuals in temporary homeless shelters and in critical housing areas.



Contributed to efforts to pack and distribute 7,500 bags of food commodities led by Guam Department of Education.







Distributed 258 bags of canned food and 200 cases of water to displaced GBHWC clients and their families.

Provided mental health resources to visitors of all four Disaster **Recovery Centers.**





2023 HUSTICIA AWARD

Recognizing their exemplary efforts towards the betterment of Guam and her people, the Judiciary of Guam presented the 2023 Hustisia Award to GBHWC in a ceremony held on May 10, 2023.





FIRST DOCTORAL PSYCHOLOGY INTERNSHIP **GRUADUATE**

Ladera Linn is the first graduate from the Guam Psychology Internship Consortium, a 12-month predoctorate intensive clinical training hosted by GBHWC and Western Interstate Commission for Higher Education (WICHE).

PSYCHIATRY RESIDENCY PROGRAM

Partnered with the University of New Mexico, psychiatric residents now have the opportunity to conduct a 6-month rotation as part of their psychiatry program, assisting with Guam's shortage in Psychiatrists.

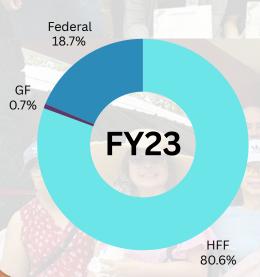




FINANCIALS

FUNDING SOURCES

GBHWC is primarily funded by Government of Guam's Healthy Futures Fund, with a small portion funded by the General Fund. Tobacco tax is the largest source of funding for the Healthy Futures Fund and has been projected to trend downward as the culture shifts from Cigarettes to electronic nicotine delivery systems. To help deter the impact, GBHWC aggressively pursues federal grant opportunities.

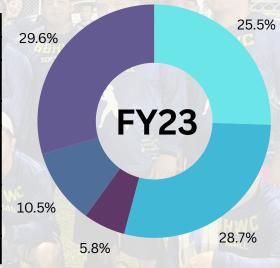


FUNDING SOURCES							
An	FUNDING SOURCE	FY23	FY22	FY21			
(GOVERNMENT OF GUAM GENERAL FUND (GF)	\$216K	\$114K	\$93K			
	HEALTHY FUTURES FUND (HFF)	\$24.7M	\$26.6M	\$26.4M			
4	FEDERAL GRANTS	\$5.7 <mark>2M</mark>	\$9.75M	\$7.83M			
	TOTAL	\$30. <mark>6M</mark>	\$36.4M	\$34.3M			

EXPENSES

Expenditures are broken down into five major categories: Administration, Clinical Services Division, Child Adolescent Services Division (CASD), and Nursing Services Division, and federal funds. Administration includes medication as well as all professional support unit staff including psychiatrists, physicians, psychologists, and pharmacists. Expenses also fund mental health therapy, case management services, residential treatment, crisis services, and more.

EXPENSES BY CATEGORY							
CATEGORY	FY23	FY22	FY21				
ADMINISTRATION/ CONTRACTS	\$7,006,737	\$6,528,920	\$9,832,917				
CLINICAL SERVICES	\$7,805,187	\$5,967,953	\$4,655,944				
CHILD AND ADOLESCENT SERVICES	\$1,558,455	\$1,346,958	\$1,491,383				
NURSING NURSING	\$2,825,346	\$3,169,802	\$1,914,551				
FEDERAL	\$ 7,967,343	\$8,947,299	\$5,122,540				
TOTAL	\$27,163,068	\$25,960,932	\$23,017,335				



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OUTLOOK

MAINTAIN CARF ACCREDITATION

Maintaining accreditation with the Commission on Accreditation of Rehabilitation Facilities (CARF), not only enhances credibility and trust among clients, staff, and stakeholders but also drives continuous improvement and accountability. CARF Accreditation reflects a dedication to providing person-centered services that prioritize the unique needs and goals of those served. CARF Accreditation reflects a dedication to providing person-centered services that prioritize the unique needs and goals of those served.



Home-based care promotes early intervention, enhances convenience, and supports the overall well-being of individuals by creating a safe and familiar setting for treatment. Expanding these services ensures a more inclusive, equitable approach to behavioral health care, empowering individuals to achieve better outcomes and lead healthier lives.

> PURSUE FEDERAL FUNDING TO EXPAND SERVICES.

Federal funding is vital for state behavioral health agencies to expand programs such as Therapeutic Foster services, more residential treatment services for children, Assisted Outpatient Treatment, improved residential treatment services for pregnant and postpartum women, and more; enhance service delivery, and implement innovative solutions to meet the diverse needs of communities. It supports workforce development, addresses systemic challenges, and ensures equitable access to sustainable mental health care for individuals and families.

CAPITAL IMPROVEMENT - NEW BEGINNINGS BUILDING

The Guam Behavioral Health and Wellness Center requires a new drug and alcohol treatment building to meet the growing demand for substance abuse services. A dedicated facility would enhance treatment capacity, including outpatient care and education programs, while addressing issues like rising methamphetamine use. This investment would strengthen the center's ability to support individuals battling addiction and improve community well-being.



We want to hear from you. Do you like this report? Do you believe it should include any other information? Please let us know by contacting directors.office@gbhwc.guam.gov







